

I. COURSE DESCRIPTION:

This course will provide students with knowledge in the development and structure of the nail, its disorders and diseases. Students will gain skills in client consultations and recognize contraindications. Students will develop the practical skills required to carry out manicure and pedicure procedures, hand and foot massage, and add on treatments. Emphasis will be placed on achieving a perfect colored and French polish application. Safety and sanitation procedures will be practiced.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Identify common implements used in nail care and apply effective sanitation and disinfecting procedures.

Potential Elements of the Performance

- a. Identify implements used for manicures and pedicures.
- b. Describe what each implement is used for.
- c. Identify implements that are reusable and those that are disposable.
- d. Follow step by step procedures on the use of each implement
- e. Practice safe and effective use of implements
- f. Follow sanitation and disinfecting procedures.

2. Describe how bacteria and infections can breed in the salon.

Potential Elements of the Performance:

- a. Follow the steps necessary to protect self and clients from the spread of infection
- b. Incorporate all safety and sanitation procedures.

3. Identify basic nail cosmetics.

Potential Elements of the Performance:

- a. Describe what nail cosmetics are.
- b. Know what each product is used for.
- c. Describe the correct technique for the application of these products.

4. Perform a manicure table and a pedicure station set up.

Potential Elements of the Performance:

- a. Identify implements, materials and nail cosmetics that are needed
- b. Follow step-by-step procedure for a manicure table set up.
- c. Follow step by step procedure for a pedicure station set up.
- d. Maintain a safe and sanitary work area.
- e. Practice all sanitation and disinfecting procedures.

5. Conduct professional client consultations.

Potential Elements of the Performance:

- a. Display professional conduct.
- b. Display effective communication skills.
- c. Recognize contraindications.
- d. Determine when it is necessary to refer a client to a doctor.
- e. Recommend products and services.

6. Perform manicures and pedicures.

Potential Elements of the Performance:

- a. Follow step by step procedures.
- b. Practice sanitation and disinfection of all equipment and implements
- c. Incorporate all safety and sanitation requirements

7. Perform a hand and foot massage.

Potential Elements of the Performance:

- a. Perform step-by-step procedures.
- b. Describe the benefits of massage.
- c. Identify conditions where precautions must be taken.

8. Perform Regular and French polish applications.

Potential Elements of the Performance:

- a. Follow step by step procedures for a Regular polish.
- b. Follow step-by-step procedures for a French Polish

9. Perform paraffin wax treatments on both the hands and the feet.

Potential Elements of the Performance:

- a. Describe the benefits of a paraffin wax treatment.
- b. Identify contraindications.
- c. Follow step-by-step procedures.
- d. Incorporate all safety and sanitation requirements.

10. Perform a reconditioning hot oil manicure.

Potential Elements of the Performance:

- a. Describe the benefits.
- b. Describe contraindications.
- c. Follow step-by-step procedures.
- d. Incorporate all safety and sanitation requirements

11. Perform a Spa Manicure and Pedicure

Potential Elements of the Performance:

- a. Describe the benefits
- b. Follow step by step procedures

12. Incorporate aromatherapy into manicure and pedicure services.

Potential Elements of the Performance:

- a. Explain some benefits of essential oils.

13. Recommend Products and Services

Potential Elements of the Performance:

- a. Describe how certain products and services can be beneficial.
- b. Advise clients on homecare.

14. Identify common nail disorders, abnormal nail disorders and diseases.

Potential Elements of the Performance

- a. Distinguish between nail disorders that may be treated in the salon and those that must be treated by a doctor.
- b. Describe signs and symptoms of nail diseases.
- c. Recognize when to recommend medical attention.
- d. Practice sterilization and sanitation procedures.

15. Distinguish between skin disorders that can and cannot be serviced in a salon.

Potential Elements of the Performance:

- a. Describe the characteristics of skin disorders that can and cannot be serviced.

III. TOPICS:

1. Nail Equipment, Implements, Materials and Nail Cosmetics
2. Manicure Table and Pedicure Station Set-Up
3. Nail Shapes
4. Polish Application
5. Sanitation and Disinfection
6. Client Consultation
7. Manicures and Pedicures
8. Nail Anatomy
9. Hand and Arm Massage
10. Anatomy of the Hand and Foot
11. French Polish

12. Nail Disorders
13. Nail Diseases
14. Inflammatory and Infectious Disorders of the Skin
15. Hot Oil Manicure
16. Spa Manicures and Pedicures
17. Anti-Aging Hand Treatment
18. The Male Manicure
19. Buffing
20. Aromatherapy
21. Paraffin Wax Treatments
22. Products and Services

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Handouts, Nail Kits and Towels

V. EVALUATION PROCESS/GRADING SYSTEM

Theory 30%

Practical 70%

In Order to Successfully Complete this Course: An 80% attendance is required in order to receive a passing grade.

Attendance: A penalty of 1% per day absent or unwilling to participate will be deducted from your final grade.

Missed Tests: You will not be able to achieve higher than a C grade.

Nail Care Techniques is a Prerequisite for Student Clinic and Practicum Field Work

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Communication:

The College considers Web CT/LMS as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the Learning Management System communication tool.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in the *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.